

**WALKS FROM [WWW.MIKES-WALKS.CO.UK](http://WWW.MIKES-WALKS.CO.UK) -- find mikeswalks on facebook**

Where	from Elterwater over to Grasmere and back		
Distance	9.9km / 6.2 miles		
(total) Ascent	437m / 1434ft		
High Point	267m / 874ft		
	Grid Ref	Direction	
1	329 051		Leave the carpark and follow the narrow road uphill to a road junction and take the right fork – follow this road, or go through the tracks in the bracken on the left hand side of the road
2	334 052	NNE	Where another path crosses the road/track you are on, turn left uphill
3	335 054	NNW	As the path starts to level out at the top of the col, head left and ascend the end of Dow Bank – though there is no Right of Way shown on the OS maps, there is a fairly well defined track, which takes you along the top of Dow Bank to the summit cairn (330 057) and then you start a gentle descent
4	328 058	N	At the bottom of the descent, you meet a path that crosses the ridge – go right down this path, through bracken and the occasional low yew tree
5	328 061	NE	Go through the gate in the wall and follow it down through the woodland known as The Wyke
6	331 065	N	At the bottom of the Wyke, head left down the tarmaced driveway, and where this meets the public road, go left again
7	333 071	W	Just after passing the Faeryland tea rooms, take the path off to the left and follow this uphill, walking up the flank of Silver How with a wall on your left
8	327 064	SW	At the field corner, carry on across the open hill to the SW heading for the skyline – for the most part it's a case of follow the path trampled through the bracken
9	324 060	SW	At the top of the ridge, you cross the path that initially brought you up to Dow Bank and descend on the other side, gently at first
10	323 060	S	Then the path gets a little rockier and trickier as it descends down the side of the gill
11	322 058	SW	As the terrain levels off and becomes covered in bracken again, you meet a fork in the path, the left hand for continues to descend, the right hand fork ascends very slightly – take this right hand fork round the back of Chapel Stile. Continue to follow this path as it contours round the hill and you will eventually meet a wall on your left
12	314 060	W	As you approach Harry Place Farm, the wall comes to an end – follow the waymarks down to the roadside
13	313 060	NW	Head Right along the road for a short distance, then left through the gate on to the track
14	310 058	SE	Go over the bridge and head left down the track for 500 m or so then through the campsite
15	317 053	N	Go over the bridge, follow the track east and take the path right where it forks, no need to join the road at this stage. Pass round the houses, (but play on the swing at your own risk ☺ ) and take a left/right dogleg on the track to take you along a footpath round the back of the School
16	321 052	SE	The footpath brings you out on the main road opposite the public toilets, go right down the road, past (if you have the willpower) the pub) and take the path/bridleway on the right immediately after said pub, crossing the footbridge and downstream alongside the river
17	324 049	SE	Where you meet the access road to the quarry, turn left and follow it
18	327 047	NE	Turn left again along the public road, and straight past the green, foregoing the pleasures of the Britannia Inn and the Ice Cream Shop/Deli, along Mill Row and then back over the B5343 and back to the start

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RESOURCES	
Car Parking	Roadside (free) car park at 329 051
Toilets	In Elterwater, 321 052
Refreshments	Pubs, Cafes in Elterwater and the 'Faeryland' tearooms Grasmere
Map required	OL7 English Lakes SE
Points of Interest	The woods on the way down to Grasmere were full of fungi at the beginning of October (including Fly Agaric - beware) and we were lucky enough to see just one Red Squirrel
Website	
Feedback	Done the walk ? any feedback is always appreciated - either email <a href="mailto:mikeswalks@gmail.com">mikeswalks@gmail.com</a> or find and like mikeswalks on 